

Moat Barn Nursery

Weaning Policy

Statement of intent

Moat Barn Nursery believes that all children thrive on being well nourished.

Aim

We aim to make parents and staff aware of individual dietary needs of children and to work in partnership with the parents and their children.

Methods

- When a child is ready to start weaning, we find out from parents what their children's dietary needs and preferences, including any allergies.
- We record information about each child's dietary needs in her / his registration record and parents sign the record to signify that it is correct.
- We will consult with parents to ensure that our records of their children's dietary needs - including any allergies – are up to date. Parents sign the updated record to signify that this is correct.
- We state that parent / carers are responsible for informing the setting of any changes to the information provided on their child's registration form.
- When weaning begins children will be given food from sterilised equipment.
- The first stage of weaning will be pureed fresh vegetables and fruit.
- The second stage of weaning will be the introduction of small lumps.
- After the age of one children will have dairy products introduced to their diet. With parental consent.
- Gradually the meals will increase to three a day, with the child's milk intake decreasing.

The policy was adopted at a meeting of

Manager & Assistant Manager

Held on

Signed on Behalf of the Management-----

Role of Signatory

Review Date

as required